

# Eastern Shore Orthotics & Prosthetics, Inc

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## Use and Care Instructions for Orthotic Braces

Your practitioner will give you verbal instructions on how to apply your brace. Please make sure that you completely understand how to apply and remove your brace before leaving our office. If you believe your brace is malfunctioning or not working properly, you will need to call us immediately so that we can repair, replace or adjust your brace.

Your doctor will give you specific instructions on when and how long to wear your brace. You will need to speak with your doctor before discontinuing the use of your brace. Any changes in your physical condition or general health should be notified to your doctor immediately. Your doctor will then decide if you should continue to wear your brace.

Most off-the-shelf items will have a care maintenance tag on the item. Please follow the instructions so that your warranty is not voided. All custom made items will have a 3-month warranty. Minor adjustments are included in the warranty period.

Custom made plastic braces can be washed in warm mild soap and air-dried at room temperature. If your brace has padding on the inside, you can use a hair dryer on "COOL" setting to help dry the inside padding. It is very important to never use HOT air to dry your brace as this will alter the shape of your brace and void your warranty.

If your brace feels loose, keeps riding up, is painful, or you have reddened or broken skin under the brace, call us for an adjustment.