

Eastern Shore Orthotics & Prosthetics, Inc

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PROSTHETIC CARE AND INSTRUCTIONAL SHEET

Your practitioner will give you verbal instructions on how to apply your prosthesis. Please make sure that you understand how to apply and remove your prosthesis before leaving our office. If you believe your prosthesis is malfunctioning or not working properly, you will need to contact us immediately so that we can repair, replace or make any adjustments that may be necessary. Any changes in your physical condition or general health should be notified to your doctor immediately. Your doctor will then decide if you should continue to wear your prosthesis.



- 1) You should check your residual limb daily, look for excessive pressure areas, blister, redness, and swelling. Call our office immediately if problems arise.
- 2) You should change your prosthetic liners and socks daily. You should have been given enough supplies so that you can wear clean socks and liners while washing your used supplies.
- 3) You should try to maintain a comfortable weight. If you lose or gain more than 10-15 pounds, it will affect the way your prosthesis will fit. Your physician should evaluate excessive weight gain or loss.
- 4) A routine maintenance is required for all prosthetic components. Temporary prosthesis should be evaluated every two weeks for the first month, then monthly for the next six months. Permanent prosthesis should be evaluated at least yearly to make sure adjustments are not needed.
- 5) All custom prosthetics are covered under a 3-month warranty, unless otherwise specified by the manufacturer. All off-the-shelf prosthetic supplies will follow the manufacturer warranty. Minor adjustments are included in the warranty period.
- 6) It is very important that you never attempt to adjust your prosthesis. This will void your warranty and can potential be very dangerous.